



North West Region Women's Subgroup

Report for AGM

22 August 2019

Women's League

We had hoped to get a women's league off the ground in 2019 however personnel changes at British Cycling headquarters meant that this objective was a bit over-ambitious and we decided not to proceed with it this season. We will be reviewing the position for 2020 shortly.

Opportunities to Represent the Region

The difficulties for women in our Region in obtaining opportunities abroad has been discussed by the Subgroup during the year. This has culminated in a proposal being put forward and agreed by the Regional Board that the Region would be willing in principle to provide financial support to teams which would be comprised of Regional riders. This proposal also applies to men.

Coaching Opportunities

The pilot scheme for the North West Road Academy worked well, with rides taking place between September and February. All events had female coaches and female presenters for the sessions after the road rides took place. We are looking at doing something similar this year however it is likely to be part of a wider programme, with a wider audience. Further details will be released in due course.

We had a pilot women's training session at Salt Ayre in early February. We are keen to hold more of these sessions over the course of the winter and the locations and timings of these will be agreed in conjunction with the Coaching Co-ordinator and the British Cycling Regional coaching team. Again, further details will be made available once we have them.

Regional Pathway

In conjunction with the new Regional Plan, we are starting to look at what the overall picture looks like, what it should look like based on the profile of the Membership and what actions we need to take to bridge that gap. This review covers all ages (from Youth to over-40s and beyond) and all abilities. Data relating to numbers, demographic and location of the female Regional membership has been requested from British Cycling. This is so that we can use the data available to us to drive our decision making going forward.

It is proposed that the following points will be reviewed:

- Coaching opportunities in the Region, both mid-week and at weekends
- Circuit racing opportunities in the Region, again mid-week and at weekends
- Road calendar for the women as a whole
- Ways in which we can encourage participation
- Whether we have enough female coaches and officials in the Region; and
- Whether the female volunteer base is being properly utilised



The next subgroup meeting will be early September following which we will be seeking additional members to join the subgroup at the AGM on 16 September 2019.

Heather Bamforth
Chair – NW Regional Women’s Subgroup